

MAY  
2025

S M C S I G



[www.smcsig.org](http://www.smcsig.org)

# NEWSLETTER



## Welcome to the May Newsletter!

This month, we're focusing on SAM – Sexual Abuse and Molestation Prevention. As part of our ongoing commitment to safety, we have several important updates to share, including changes to training requirements and other helpful resources to support your district's efforts in prevention and awareness.

# Important Training Update

We are making important updates to our SAM training requirements, effective July 1, 2025.

In response to your valuable feedback over the past few years, we are streamlining the process to better serve you and your district.

Previously, we required the completion of **THREE** courses with a 90% completion rate to qualify for a waived deductible. Moving forward, only **ONE** course with a 90% completion rate – California Mandated Reporter – will be necessary to meet this requirement. This course is available on Vector Solutions.

## **Please note the following key dates:**

- **Starting June 1, 2025: The current SAM SCORM courses (Meet SAM, Keeping Your School Safe, and It Happened to Me) will no longer be available for assignment.**
- **Starting July 1, 2025: The California Mandated Reporter course will be the only SAM requirement for SMCSIG.**

We appreciate your understanding and hope this adjustment makes the process more efficient and accessible for your district.

**New course name:**

**Child Abuse: Mandated Reporter Training  
for California (EDU)**

Vector Solutions has updated its Child Abuse Mandated Reporter Training for California to include the requirements of the AB 1913. Effective July 1, 2025, AB 1913 requires school districts, including county offices of education, to provide training to their employees and others working on their behalf who are mandated reporters on how to prevent abuse, including sexual abuse, of children on school grounds, by school personnel, or in school-sponsored programs.

# Sliding Scale Deductible

The sliding scale deductible based on employee compliance is:

0% - \$100,000.00

5% -24% \$ 75,000.00

25% – 49% - \$ 50,000.00

50% - 74% - \$ 25,000.00

75% - 89% - \$15,000.00

90% - 100% - No Deductible – District deductible waived

We would also like to stress the importance of having all staff read and acknowledge district policies. We recommend uploading the policy to Vector Solutions as an activity and having employees acknowledge they have read the policies.

- You can do this by creating an activity, uploading the file to the file center and adding it as a resource with the option to make employees acknowledge they have read it. -- <https://support.vectorlmstargetsolutionsedition.com/s/article/Adding-Files-to-an-Activity>
- If you need assistance uploading district policies to Target Solutions please let me know and I will assist with it.

## Group Trainings

If you are interested in doing group trainings, here are directions on how to record completions:

[How to Log and Track Outside Training](#)

# Additional Information

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## Documents

**SMCSIG MOU**

**Course Transcripts  
and Objectives**

**Summer Camp  
Guidelines**

## Kaiser Monthly Health Talks

**Child Obesity**

**Chronic Pain Management**

**Mens Health**

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## Important Dates

### Training

- **June 1:** Removal of old SAM Praesidium courses from Vector Solutions
- **July 1:** New SAM training requirement

### M&O

- September 18, 2025
- January 22, 2026
- April 23, 2026

10:00-11:30

Location: SMCOE

101 Twin Dolphin Dr. Redwood City 94065

### Executive Committee / JPA Board Meetings

- September 11, 2025
- November 6, 2025
- January 15, 2026
- March 5, 2026
- May 21, 2026
- June 11, 2026

9:00 AM -12:00 PM

Location: ZOOM / SMCSIG OFFICE

1791 Broadway, Redwood City 94063

# Stress Management: Take Time to Check In With Yourself

In the busy world of education, stress can build up quickly. It's important to pause and check your own mental and physical well-being.



## ● Take a Moment After a Stressful Incident

Right after a stressful situation—take a break.

Talk it out with a trusted colleague

Take a walk, stretch, or step outside for fresh air

Drink some water and give yourself space to breathe

Everyone processes differently. Some need to vent, while others need quiet time. Respect your process and give yourself permission to regroup.

## ⚠ Recognize the Signs of Stress

Stress triggers our adrenaline, just like being chased by a bear! We often fall back on habits—some helpful, some not.

What are your personal signs of stress?

Do you get quiet, irritable, overwhelmed?

Being aware of your stress patterns is the first step toward managing them.

## 🧘 Simple Ways to Stay Calm

Know your limits—and know what helps you calm down:

Take deep breaths

Count to 10 slowly

Take a brief “time out”

Walk it off

Talk it out

Staying calm helps you, and it helps create a calmer environment for students and coworkers

## 📅 How Will You De-Stress After Work?

Have a plan to unwind: After work, I will...”

Run, take a hot bath, go for a walk, call a friend, read a book—whatever helps you reset.

## ❤ Prevent Burnout: Feed Your Soul

Stress is inevitable—but burnout is preventable.

Ask yourself:

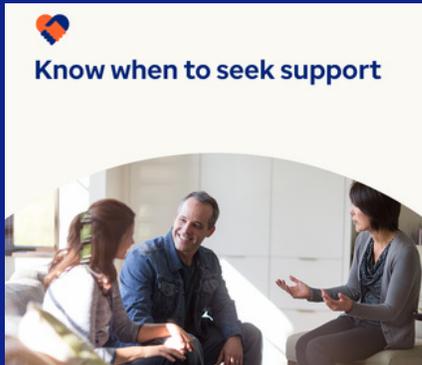
“What brings me joy outside of work?”

Invest in the people, hobbies, and routines that help you feel restored.

## New Staff?

SMCSIG wants to ensure that your district's new staff members feel welcomed and have the opportunity to get to know our team and the services we provide. To make this happen, we need your help!

If your district has recently welcomed new staff members, please share their details with us so we can coordinate a meet and greet to introduce ourselves and explore how we can best support them.



### OPTUM May Newsletter

#### Mental Health Awareness

To access this month's EAP newsletter, please go to the Optum Website ([Linked Here](#)) and use access code **SMCSIG**.

## Fitness Rewards

SMCSIG is pleased to announce their Wellness Get Fit Rewards Program for the Medical Consortium Member participants. If you are a member of one of the following Districts and currently enrolled in your district's medical plan and want to learn more on how you can get rewarded while getting fit, please read the attached.

**Belmont-Redwood Shores SD**  
**Cabrillo Unified School District**  
**Jefferson Elementary School District**  
**Jefferson Union High School District**  
**Portola Valley School District**  
**SMCSIG JPA**  
**Bayshore Elementary School District**  
**La Honda-Pescadero School District**

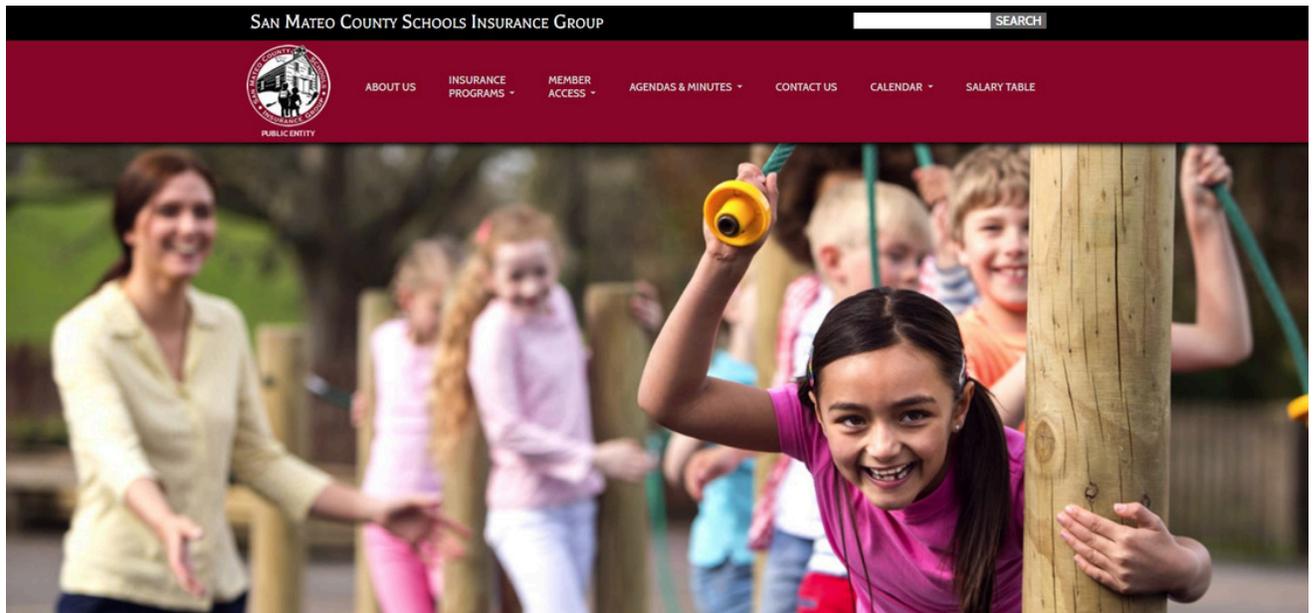
**[Log your workouts!](#)**

Optum is your Employee Assistance Program (EAP) provider.

Each benefit eligible employee and their family members have access to the program. EAP is available to help you help your employees and their families deal with life issues that may affect their ability to be productive in their jobs

Call toll-free: 1(866) 248-4094  
Or log on to  
[liveandworkwell.com](http://liveandworkwell.com)  
Access code: SMCSIG

# SMCSIG Website



**How to access  
the member  
services portal  
on our website.  
[smcsig.org](http://smcsig.org)**

**Username:**  
SMCSIGmember

**Password:**  
caughtyousafe

## What to find on our website

- Past meeting agendas, minutes, and summaries
- Insurance Binder Resources
- Property / Liability Resources
  - Major Property Loss Contacts
  - Major Property Loss Procedures
  - Cyber Incident Procedures
- IRIC Manual